Geologically-inspired monoliths for sustainable release of essential minerals into drinking water

Swathy Jakka Ravindran^{†‡}, Ananthu Mahendranath[†], Srikrishnarka Pillalamarri[†], Avula Anil Kumar[†], Md Rabiul Islam[†], Sritama Mukherjee[†], Ligy Philip[‡], Thalappil Pradeep^{†*}

[†]DST Unit of Nanoscience (DST UNS) and Thematic Unit of Excellence (TUE), Department of Chemistry, Indian Institute of Technology Madras, Adyar, Chennai 600 036, India.

[‡]Environmental and Water Resources Engineering (EWRE) Division, Department of Civil Engineering, Indian Institute of Technology Madras, Adyar, Chennai 600 036, India.

*Corresponding Author: (T.P.) E-mail: pradeep@iitm.ac.in. Fax: +91-44-2257-0545.

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Figure S1. Characterization of microstructure and chemical composition of the sustained copper and zinc releasing monolith, $M2_{(Na-Cu-Zn)}$. (A) Powder XRD pattern of the sintered monolith compared with Gehlenite (Ca₂Al(AlSi)O₇), Gahnite (ZnAl₂O₄), Tenorite (CuO) and Leucite (KAl(Si₂O₆)). Inset shows the photograph of the monolith. (B) (i) TEM image of a grain of the material, (ii) the lattice resolved image of the same grain and its FFT pattern (inset) and (iii) the corresponding EDS spectra along with the elemental maps. As the TEM grid is made of copper, its mapping is not shown. (C) Infrared spectrum of the mineral composite. (D) SEM image of the material and the corresponding EDS spectrum along with elemental maps.



Figure S2. Characterization of microstructure and chemical composition of monolith, $M3_{(K-C_0-M_0-V)}$ releasing oligo/trace elements namely cobalt, molybdenum and vanadium. (A) Powder XRD pattern of the sintered monolith and the photograph of the pellet (Inset). The material $M3_{(K-C_0-M_0-V)}$ is matched with Cristobalite (SiO₂), Feldspar sanidine (KAlSi₃O₈) and other silicate phases like Clinopyroxene (Na₁O₆Si₂V), Hollandite (K_{0.8}O₁₇V₁₀) and Molybdite (MoO₃), Shcherbinaite (V₂O₅). (B) SEM image of the material and the corresponding EDS spectrum along with the elemental maps. (C) Infrared spectrum of the mineral composite (D) (i) TEM image of a grain of material and (ii) the lattice resolved image of the same grain with the FFT pattern (inset). The corresponding elemental maps (iii) and the EDS spectrum (iv).



Figure S3. Characterization of microstructure and chemical composition of monolith - $M4_{(K-Mg-Mn)}$ releasing magnesium / manganese. The material was incorporated with 6 elements to show a simultaneous release from the single system. (A) Powder XRD pattern of the material, compared with Akermanite (Ca₂Mg[Si₂O₇]), Sanidine (K(AlSi₃O₈)) and Orthoclase (KAlSi₃O₈). (B) Infrared spectrum of the mineral composite. (C) (i) TEM image of a grain of the material and (ii) the lattice resolved image of the same grain with the FFT pattern (Inset). The corresponding elemental maps (iii) and the EDS spectrum (iv). (D) SEM image of the material and corresponding EDS spectrum with elemental maps.



Figure S4. Stability of scaffold material in test water (A) Weight loss per cm² of the monoliths immersed in water as a function of time. (B) Concentration of Al³⁺ release in water.



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Figure S5. Characterization and chemical composition of monolith – $M1_{(Na-Zn-Se)}$ after 120 cycles of leaching (a) SEM image and the corresponding EDS spectra along with the elemental maps (b) Powder XRD pattern.



Figure S6. Mineral release trend from the designed prototype. The release of selected metal ions in a sustained fashion under continuous flow of water at a pilot scale at a flow rate of 2 mL per minute. (a) Schematic representation of the prototype design. (b-d) Release of select mineral ions as a function of time.



Figure S7. Speciation of mineral ions formed in water after the release. The speciation diagram was prepared using simulations run on Visual MINTEQ software version 3.1 (freeware, available at, http://vminteq.lwr.kth.se).

Equations used for the evaluation of sustainability metrics

Equation (1)	:	Mass intensity = $\frac{\text{mass of all products used excluding water}}{\text{mass of product}} kg/kg \text{ product}$
Equation (2)	:	Water intensity (W _P) = $\frac{\text{mass of all water used}}{\text{mass of product}}$ kg/kg product
Equation (3)	:	Reaction mass efficiency (RME) = $\frac{\text{mass of product}}{\text{mass of all reactants}} \times 100\%$
Equation (4)	:	Energy Intensity = $\frac{\text{amount of non renewable energy used}}{\text{mass of product}} kW.h/kg$
Equation (5)	:	$E \text{ factor} = \frac{[kg(raw \text{ materials}) - kg(desired \text{ product})]}{kg(total \text{ product including water})}$

Table S1: CO₂ emission (including raw material manufacture and monolith production).

A cradle-to-gate assessment of the $[M2_{(Na-Cu-Zn)}]$ material's CO₂ emission including the manufacture of raw materials and production of designed monolith is presented below. The CO₂ emission due to transportation and disposal finished goods are not included and therefore it is not a cradle-to-grave assessment.

List of raw materials used in M2 _(Na-Cu-Zn)	CO2 emission by manufacture of raw materials (kg/kg)	CO ₂ emission by production of designed monolith (kg/kg)	Total (kg/kg)
SiO ₂	0.373	-	0.373
Al ₂ O ₃	0.492	-	0.492
Na ₂ CO ₃	0.059	4x10 ⁻⁵	0.05904
CuCO ₃	0.200	4x10 ⁻⁵	0.20004
ZnO	0.582	-	0.582
KCl	0.0138	-	0.0138

Table S2: LD-50 of the raw materials used for the synthesis of material

Elements used	LD-50 (mg/kg)
SiO ₂	500
Al ₂ O ₃	5000
Na ₂ CO ₃	2800
K ₂ CO ₃	2000
ZnO	7950
SeO ₃	1.6
MgCO ₃	NA
CuCO ₃	1350
CoO	202
MnO	2000
V ₂ O ₅	474
МоО	2689
KCl	2600